

Up and Down the River and Poet's Seat Climb from Mt. Sugarloaf parking lot

Miles	Direction	Comment	Miles	Direction	Comment
0.0	Left	out of parking lot onto	17.7	Left	onto South Ferry Rd.
0.1	Left	onto Rt 116	17.9	Bear right	on Meadow Rd, becomes Falls Rd
0.5	Left	onto River Rd	22.6	Right	onto Rt 47
6.9	Left	E. Deerfield Rd	24.0	Right	at light onto Rt 116
9.5	Right	at end onto Rt 5	24.8	Right	onto S. Deerfield Rd.
9.6	Right	after bridge onto Cheapside Street	24.9	Right	into parking lot
10.7	Bear left	before bridge onto Mountain Rd.			
11.5	Right	Poet's Seat Tower entrance			
Miles	Direction	Comment	Miles	Direction	Comment
11.9	Regroup	at the tower, then reverse direction back down Mountain Rd.			
12.7	Left	onto Montague City Rd. and across bridge			
12.9	Right	onto Greenfield Rd			
15.1	Left	onto Hatchery Rd. at "Bridge Closed" signs.			
15.4	Right	onto Turners Falls Rd.			
17.0	Right	onto Ferry Rd.			
17.4	Straight	across Greenfield Rd.			